

Pre-Season Self-Scouting Survey

Please select the answer that best describes you as the dad you are today.

1. During the typical weekday, I spend an average of _____ with my son.
 a. between 30 and 60 minutes
 b. greater than 2 hours
 c. less than 30 minutes
 d. between 1 and 2 hours

2. During a typical weekend, I spend an average of _____ with my son.
 a. between 1 and 2 hours
 b. greater than 4 hours
 c. less than 1 hour
 d. between 2 and 4 hours

3. I tuck my son into bed an average of _____ nights per week.
 a. 3–5
 b. 6–7
 c. 0–1
 d. 1–3

4. The last time I said, “I love you,” to my son was _____.
 a. yesterday
 b. today
 c. I can’t remember
 d. last month

5. The most recent time I prayed with my son was _____.
 a. last week
 b. last night
 c. I can’t remember
 d. last month

6. When was the last time you planned an event or activity with just you and your son?
 a. last month
 b. last week
 c. never
 d. last year

7. When my son needs help with homework, I _____.
 a. usually help him
 b. stop what I am doing and help him
 c. have his mom, brother, or sister help him
 d. try to help him but then get distracted or frustrated

8. I carve out time in my day to talk to my son about his concerns related to friend issues, expected body changes, and other difficult topics:
- a. I schedule time a couple of times a year.
 - b. I both schedule time and take time to talk to him as situations arise.
 - c. I let his mother handle those things.
 - d. I have tried this several times, but I am just not good at this kind of stuff.
9. I take my family to church _____.
- a. about 2 times per month
 - b. every Sunday, with rare exceptions
 - c. on Easter and Christmas Eve
 - d. several times per year between my son's sports seasons
10. I read the Bible _____.
- a. a few days a week
 - b. every day
 - c. rarely, if ever
 - d. once a month, maybe

You did it! You completed the Self-Scouting Survey. For those of you that do not have Adobe Reader, count up all of the d's that you checked, and enter that number next to the letter below. Then do the same for the c's, b's, and a's.

d _____ c _____ b _____ a _____

All right, the moment of truth. Determine which letter you have the most of, and circle the letter below to determine the type of dad you are right now. After reading this book and going through the 10-Game Season with your son, I truly believe you will become a Playoff Dad!

B. Playoff Dad

Strong work! I would love to hear from you on how you became a Playoff Dad! Don't change a thing.

A. Starting Lineup Dad

Congratulations! You have made the starting lineup, Dad! With continued focus, intention, and action, you will make the playoffs soon.

D. 6th Man Dad

You are on the right track! You have earned your spot to become the first man off the bench! I am confident that you will find several resources in the 10-Game Season to work your way towards the playoffs.

C. Benchwarmer Dad

No worries, Dad! The fact that you are reading this book shows me that you want to become a better dad. This book is going to help you greatly!